

I forget myself

I forget myself and reach out across the canyon
changing the universe in miraculous ways

I forget myself and kiss the one I love
who should know that I love without the kiss

I forget myself and bless the ragged man on the street corner
arm outstretched crying for brotherhood

I forget myself and correct the wanton child running precariously close
to the frail older woman with frightened eyes

I forget myself and volunteer to take up the cause
knowing it is not the practical thing to do

I forget myself and compliment the person
that I thought to be my enemy

I forget myself and take the time to really listen
to what another feels must be said

I forget myself and honor my self , then I remember myself
I am just a lazy human with too many faults, full of self doubt
who will never attain greatness in the eyes of the world

Then I forget myself
and reach out across the canyon
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By David Jacobson, LCSW

President: Humor Horizons

4745 S. Paseo Melodioso

Tucson, AZ 85730

520-370-2203

[*dj@humorhorizons.com*](mailto:dj@humorhorizons.com)

[*http://www.humorhorizons.com*](http://www.humorhorizons.com)
